

Bike Trail Etiquette

Show courtesy to other trail users at all times.
Respect the environment and the rights of property owners.
Keep dogs on a leash and remove pet feces.

Bicyclists:

- Keep to the right side of the trail
- Yield to pedestrians
- Pass on the left side of oncoming pedestrians/joggers
- Ride at a safe speed; single-file in congested conditions or in areas with reduced visibility

Pedestrians:

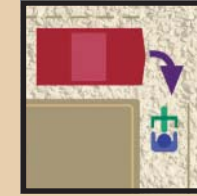
- Keep to the left side of the trail (facing oncoming cyclists)
- Watch for other trail users
- Maintain single-file in congested conditions and in areas with reduced visibility



Safety Tips and Rules of the Road

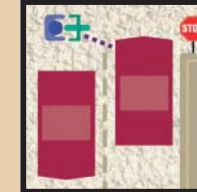
Never ride against traffic

Motorists aren't looking for cyclists riding on the wrong side of the road. Many other hazards threaten the wrong-way rider.



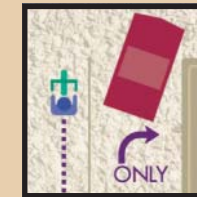
Watch for cars pulling out

Make eye contact with drivers. At intersections, assume that drivers don't see you until they stop.



Follow lane markings

Don't turn left from the right lane. Don't go straight in a lane marked "right turn only;" stay to the left of the right turn lane only if you are going straight. At intersections, where provided, use the bike lane pocket to go straight through the intersection.



Watch your speed

Observe posted speed limits and obey the basic speed law. Never ride faster than is safe under the existing conditions.



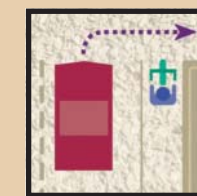
Respect pedestrians' rights

Pedestrians in a crosswalk have the right of way. Don't cross sidewalks via driveways without yielding to pedestrians. Be especially aware of pedestrians with disabilities. Don't ride on sidewalks; use the street, bike lane, or bike path.



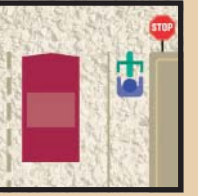
Watch for right-turning traffic

Motorists turning right may not notice cyclists on their right. Watch for any indications that the motorist may turn into your path. When approaching intersections, try to stay far enough from the curb to allow cars to turn right on your right.



Be predictable

Obey traffic signs and signals. Cyclists must drive like motorists if they want to be taken seriously. Doing so is also the safest behavior. When approaching a stop sign or red light, you are required to come to a complete stop and proceed only when safe to do so.



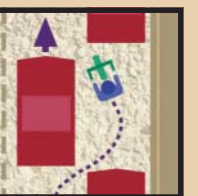
Use hand signals

Signal to other drivers; your movements affect them. Hand signals tell everyone what you intend to do. Signal as a matter of law, courtesy, and self-protection.



Don't weave between parked cars

Don't ride to the curb between parked cars. Motorists may not see you when you try to move back into traffic.



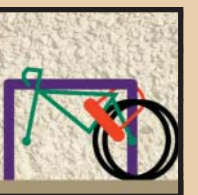
See and be seen

State law requires bikes ridden at night to be equipped with a front light visible from 300 feet in front of and to the sides of the bike; plus a back reflector visible from 500 feet to the rear; pedal reflectors; and wheel or side reflectors. Wearing light-colored or reflective clothing further increases visibility.



Lock when you leave

Buy the best locking system that you can afford; none is as expensive as having to replace your bike! U-locks are best, but only when used to secure the bike frame to a legal, fixed object.



Keep your bike in shape

Maintain your bike in good working condition. Check your brakes regularly and keep tires properly inflated. Routine maintenance is simple; learn to do it yourself or leave it to an expert at a local bike shop.



Important Numbers and Organizations

Emergencies.....911
To report bike theft(916) 355-7231
To report bike accidents.....(916) 355-7231

For information about bikeways or trails:
City of Folsom.....(916) 351-3516
California State Parks(916) 988-0205
Sacramento County.....(916) 875-6961

City of Folsom Bicycle/Trails Coordinator
Jim Konopka, Parks & Recreation Department
50 Natoma Street, Folsom, CA 95630
(916) 351-3516 • e-mail: jkonopka@folsom.ca.us

Folsom Area Bicycle Advocates (FABA)
e-mail: faba_info@sacbike.org

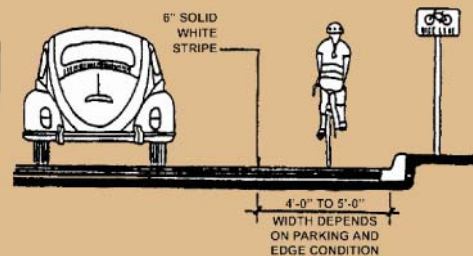
California State Parks – American River District
7806 Folsom-Auburn Road, Folsom, CA 95630
(916) 988-0205

Bike Trail Types

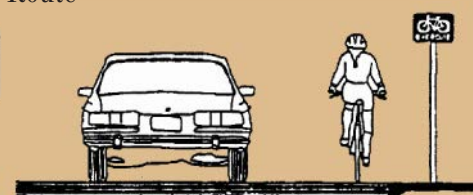
Class I Bike Path



Class II Bike Lane



Class III Bike Route



Source: Alta Transportation

Legend

- Existing Class I Bike Path
- Class I Future Planned
- Class II Bike Lane
- Class III Bike Route

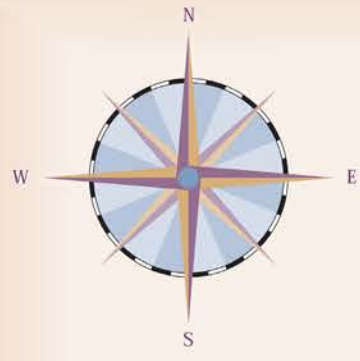
- Public Park
- Future Park
- School
- Park and Bike Lot
- Picnic Area
- Public Restroom

- Major Employment Centers
- 1. Lake Forest Technical Center
- 2. Parkshore Office Plaza
- 3. Intel Corporation
- 4. Iron Point Business Park
- 5. Natoma Corporate Center
- 6. Creekside Court Business Park
- 7. Kaiser
- 8. Broadstone Business Center
- 9. California ISO

- Bike Shops
- 1. Bicycles Plus
705 Gold Lake Drive
355-8901
- 2. Bicycle Planet
1760 Prairie City Rd., #100
355-1234
- 3. Folsom Bike
7610 Folsom Auburn Rd., #100
844-1000

- Points of Interest, Public Service or Major Destination
- 1. Lembi Park / Aquatic Center
- 2. Folsom City Hall
- 3. Folsom Police Department
- 4. Folsom Fire Station #35
- 5. Folsom Fire Station #38
- 6. Folsom Fire Station #36
- 7. Folsom Fire Station #37
- 8. Folsom City Zoo/Sanctuary
- 9. Folsom City Park / Rodeo Park
- 10. Folsom State Prison
- 11. Folsom Public Library
- 12. Folsom Historic Downtown District
- 13. Mercy Hospital
- 14. Folsom Lake Center Community College
- 15. Historic Folsom Powerhouse
- 16. Chamber of Commerce
- 17. Main Post Office
- 18. Humbug-Willow Creek Parkway Corridor
- 19. CSUS Aquatic Center
- 20. Light Rail Station(s)

- 21. Folsom Lake State Park Headquarters
- 22. Hinkle Creek Nature Area
- 23. Negro Bar
- 24. Nimbus Flat
- 25. Fish Hatchery
- 26. Mississippi Bar
- 27. Mormon Island Wetlands Nature Preserve
- 28. American River Water Education Center
- 29. Empire Ranch Golf Club
- 30. Folsom Sports Complex
- 31. 48 Natoma -- Seniors and Arts Center



Prepared by



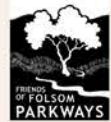
CITY OF FOLSOM
PARKS & RECREATION DEPARTMENT

2000 0 2000 4000



East Bidwell Overcrossing

*Bike lane in south-west bound direction only between Natoma Station Drive and Blue Ravine Road.



This map was paid for with help from the Friends of Folsom Parkways, a not-for-profit group in the City of Folsom. For information on how to get involved with this group, please e-mail Jim Kirstein - JimKirstein@earthlink.net



Jim Konopka Volunteer Bridge



Trails in The Parkway



Acknowledgments
"Bicycling Tips" and "Use your Head - Wear a Helmet" were adapted from the City of Portland, OR; City of Tempe, AZ; and City of Davis, CA bicycle map and used with permission.

Copies of Map
For additional copies of map, contact City of Folsom, Parks and Recreation Department, 50 Natoma Street, Folsom, CA 95630. (916) 355-7285

Revised: March 2012